CHICO DOJO KARATE CLUB, LLC

PARTICIPANT WAIVER, RELEASE OF LIABILITY & ASSUMPTION OF RISK

485 East Ave, Suite A | Chico, CA 95926

1. Covered activities and duration. This agreement applies to my participation in Chico Dojo Karate Club, LLC karate, martial arts, self-defense classes and workshops, seminars, demonstrations, conditioning, partner exercises, and related activities, including future participation, unless replaced by a later written agreement.

2. Risks and voluntary participation. I understand these activities involve physical exertion, contact with other participants, falls, and techniques such as blocks, strikes, holds, and escapes. Risks include bruises, strains, sprains, fractures, head injuries, serious injury, and, rarely, death. I voluntarily participate and knowingly assume the inherent risks of these activities.

3. RELEASE OF CLAIMS, INCLUDING ORDINARY NEGLIGENCE. TO THE FULLEST EXTENT PERMITTED BY CALIFORNIA LAW, I RELEASE CHICO DOJO KARATE CLUB, LLC AND ITS OWNERS, INSTRUCTORS, EMPLOYEES, AGENTS, AND VOLUNTEERS ("RELEASED PARTIES") FROM CLAIMS FOR INJURY, DEATH, OR PROPERTY DAMAGE ARISING OUT OF MY PARTICIPATION OR PRESENCE AT CHICO DOJO KARATE CLUB, LLC, INCLUDING CLAIMS ARISING FROM THE RELEASED PARTIES' ORDINARY NEGLIGENCE. THIS RELEASE DOES NOT EXTEND TO GROSS NEGLIGENCE, RECKLESSNESS, INTENTIONAL MISCONDUCT, OR LIABILITY THAT CANNOT LEGALLY BE WAIVED.

4. Conduct and physical readiness. I will follow instructor directions and facility rules, avoid creating unreasonable risks for others, remove jewelry when instructed, and comply with mat safety rules. I will disclose relevant injuries or limitations to an instructor, use my judgment about participation, and stop any activity if I feel unsafe or unwell.

5. Third-party claims. To the extent permitted by law, I agree to indemnify and hold harmless the Released Parties against third-party claims caused by my own negligent or wrongful acts during Chico Dojo Karate Club, LLC activities.

6. Emergency assistance. If I cannot make medical decisions for myself, I authorize Chico Dojo Karate Club, LLC to contact emergency services. I understand I am responsible for my own medical costs.

7. Acknowledgment. I have read and understand this agreement, including the release of claims for ordinary negligence. I sign voluntarily and understand I am giving up certain legal rights. If the participant is a minor, the parent or legal guardian signs below on the minor's behalf to the extent permitted by California law.

PARTICIPANT & EMERGENCY CONTACT

Participant full name: _____ Age: _____

Street address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

Emergency contact name: _____ Phone: _____

Participant signature: _____ Date: _____

If under 18, parent/legal guardian name: _____

Parent/legal guardian signature: _____ Date: _____

Photo/video permission is not included in this waiver and should be requested separately, if desired.